Record every place you go throughout the day!

A place is any location you go to, no matter how long you are there. Be sure to include short stops like stopping for gas, going to the ATM, walking the dog, going through a drive-thru, or picking kids up from school.

What if I don’t go anywhere on my travel day?

That’s okay! The purpose of the survey is to get a complete and accurate picture of travel throughout Maryland. Even if you did not go anywhere we would still like know about your travel day.

I just took a walk around my neighborhood. Do I need to include that?

Yes. Even if you end up back at the same place you started, it still counts. If you go for a walk in your neighborhood, record it as a trip from home to home.

An example travel day:

Places on Travel Day:
Place 1: Home
Place 2: Work
Place 3: Pizza Shop
Place 4: Work
Place 5: School
Place 6: Home
Place 7: Home

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